

LONGWOOD TENNIS CAMP APPLICATION

Camper's Name: _____ Gender: _____ Phone: _____ Birthdate: _____
Home Address: _____ City/State/Zip: _____
Check the camp that applies: **June 22-26** Overnight (\$475) _____ Commuter (\$250) _____
T-Shirt Size: Youth: Small _____ Medium _____ Large _____ Adult: Small _____ Medium _____ Large _____ X-Large _____
Please Check Skill Level: Beginner: _____ Intermediate: _____ Advanced: _____ Tournament: _____ Don't Know: _____
Roommate Request: _____

I understand that neither Longwood University, nor anyone connected with the Athletic Department or Longwood Tennis Camp assumes responsibility for accidents, medical, dental, or other expenses incurred as a result of attending camp. In case of injury or illness, necessary emergency treatment is authorized.
Applicant is covered by _____ Health Insurance Co., Policy Number _____
(No one may attend camp without showing proof of health insurance)

Parent/Guardian _____ Signature: _____ Date _____
Home phone _____ Work phone _____ Email _____

PLEASE DETACH AND SEND APPLICATION PLUS \$100 (NON-REFUNDABLE DEPOSIT) PAYABLE TO: LONGWOOD UNIVERSITY,
MAIL TO: PAT BREEN, LONGWOOD UNIVERSITY, 201 High Street, Farmville, Va. 23909, Phone 434-395-2757



DEPARTMENT OF ATHLETICS
201 HIGH STREET
FARMVILLE, VA. 23909

2008 LONGWOOD UNIVERSITY TENNIS CAMP



AGES 7-17 COMMUTER
AGES 9-17 RESIDENTIAL
JUNE 22-26, 2008

FOR DETAILS CONTACT:
PAT BREEN

PHONE: 434-395-2757

EMAIL: BREENP@LONGWOOD.EDU

WEB ADDRESS: WWW.LONGWOODLANCERS.COM

ABOUT LONGWOOD TENNIS CAMP:

Longwood Tennis Camp welcomes male and females (ages 7-17) of all levels. Each camp session is limited to 75 campers to ensure the best possible instruction and experience.

STRUCTURE:

The goal of Longwood tennis camp is to teach the game of tennis in a positive and fun learning environment. Camp is structured to improve all aspects of the game, including stroke production, court positioning, point building, singles and doubles strategy, movement, conditioning and mental toughness. A 6:1 camper to instructor ratio promotes an environment where beginners can learn the fundamentals of tennis and intermediate and advanced players can develop their skills.

FEATURES:

- * Professional tennis instruction
- * Competitive and fun atmosphere
- * Match and tournament play
- * Videotaping analysis
- * Camp T-shirts and awards
- * Individualized evaluation at end of camp

EQUIPMENT: Each camper should bring personal tennis gear (racket, bag, shoes, towel, capped sun screen and water bottle). Overnight campers also need to bring bedding for the dorms.

LIVING ACCOMMODATIONS:

Campers are housed in residence halls on the Longwood University campus. **There is a \$20 refundable key deposit due at registration.** ALL RESIDENCE HALLS ARE SUPERVISED BY UNIVERSITY PERSONNEL, COUNSELORS, AND SECURITY.

MEALS:

Meals are prepared and served in the university dining facility. An exceptional menu with a wide assortment of foods will be prepared, with unlimited helpings that are sure to satisfy the biggest appetites.

TYPICAL DAY SCHEDULE:

7:30 a.m.	Breakfast-Residential
8:30 a.m.	Meet at courts
8:45 a.m.	Warm-up and stretch
9:00 a.m.	On-court drills and instructions
10:15 a.m.	Break
10:30 a.m.	Drills and competition
11:00 a.m.	Fun and games
11:30 a.m.	Lunch-Residential and Commuter
12:45 p.m.	Swimming at Longwood pool
2:00 p.m.	Team tennis (match play)
4:00 p.m.	Commuter camp pick-up
5:00 p.m.	Dinner-Residential
6:30 p.m.	Instructional seminar
7:00 p.m.	Evening activity with counselors
10:30 p.m.	Lights out and room checks

EVENING ACTIVITIES INCLUDE:

- * Bowling night
- * Movie night
- * Ping-pong tournament
- * Team tennis night

OTHER INFORMATION:

Each camper **MUST** have health and accident insurance in order to attend camp. Each camper must have a medical statement from physician and release signed by their parent. (Forms provided once camper is registered) Campers are required to attend all sessions and to comply with the rules and regulations of Longwood University governing conduct of all students on campus. Any serious violation will result in immediate dismissal without refund!

DEPOSIT AND DEADLINES:

A \$100 non-refundable deposit with application due by June 1. Final payment must be received before the start of camp on June 22. Total cost for residential campers is \$475 and cost for commuter campers is \$250.

REGISTRATION AND CHECK IN/OUT

Camp check-in is Sunday, June 22 between 1:00 and 2:00 p.m. The location of check-in will be included with the confirmation letter. On Sunday only, Commuter Camp is from 2:00 to 5:00 p.m. with pick-up at 5:00 p.m. Camp ends Thursday noon for both Commuter and Residential Camp.

LONGWOOD CAMP STAFF:



DIRECTOR: PAT BREEN

Coach Breen is completing his sixth year as head coach at Longwood University and has been coaching collegiate tennis for 19 years. Before arriving at Longwood, he coached at Louisiana-Monroe, Mississippi, Samford (Ala.) and Georgia Southern.

Breen was an All-American collegiate tennis player at Abraham Baldwin Junior College in 1984 when that program won the National Junior College Championship and completed his collegiate playing career at McNeese State (La.), a Top 25 team.

In addition to collegiate coaching experience, Breen has extensive experience at the junior tennis level, coaching at the USTA Area Training Center (Ala.), Alabama Junior Davis Cup/Federation Cup and USTA Zonals (Tenn.). He is a certified USPTA Tennis Teaching Professional and member of the USTA.



ASSISTANT DIRECTOR: FELIPE MONTENEGRO

Montenegro just completed his second year as assistant tennis coach at Longwood University. He came to Longwood after serving as assistant coach at Drake University and was co-director of Junior Tennis Academy in Des Moines, Iowa.

During his collegiate playing career at Drake, he was a four-year letter winner and team co-captain in his senior year. After graduation, he played on the professional tennis tour and was a member of the Costa Rica Davis Cup team for six years.