

***Parent/Guardian Authorization Form***

To the best of my knowledge,

\_\_\_\_\_, is in good health and the undersigned, who is one of the parents having legal custody, or the legal guardian of the camper, hereby authorizes and consents to the attendance and participation of the said camper in all of the official activities of the Camp and the adult supervisor to exercise adult supervision, discipline, and control over the said camper, and further authorizes him/her to consent to any X-Ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care to be rendered to said Camper under the supervision and upon the advise of a physician and surgeon licensed under the provisions of the Medical Practice Act, or consent to any X-ray examination, anesthetic, dental or surgical diagnosis or treatment to be rendered to said Camper by a dentist licensed under the Dental Practice Act.

Signature \_\_\_\_\_  
(Parent or Guardian)

Date \_\_\_\_\_

Medical Insurance Company:  
\_\_\_\_\_

Insurance Policy Number \_\_\_\_\_

Note: The Insurance carried by the Longwood University All Sports Camp is for secondary insurance coverage for accidental injuries only. It **does not** cover medical expenses.

**ALL SPORTS DAY CAMP GRADES K-6**

***Food***

Participants should bring lunch, drinks and 2 snacks daily. Water will be provided all day.

***Day Campers***

Campers will arrive each morning at 8:45 to begin camp at 9:00 am. Camp will end at 4:00 pm. If you have special considerations for leaving or picking up your child, please call the camp office at 434-607-9668.

***Scholarships***

No scholarships are available. Longwood Faculty will receive a 10% discount. Parents with multiple children will receive a 10% discount on 2 or more children.

***Insurance***

Each parent/guardian will be required to sign a release and insurance forms, which will be sent with confirmation.

***Deposit and Deadlines***

A \$50 non refundable deposit must accompany the registration information. If space is available, the All Sports Camp will accept campers after May 15 on a first come basis. Fee for late registrations will be \$170.

***Please Make Checks Payable to:  
Longwood University***

***Mail To:  
Longwood University  
Athletic Department –All Sport Camp  
201 High St.  
Farmville VA, 23901***

Campers will be sent confirmation and additional materials regarding camp upon receipt of registration and deposit.

If you have any questions please contact Janet Grubbs at 434-395-2566 or cell 434-607-9668.

**2008  
ALL  
SPORTS  
DAY CAMP**



**Grades K - 6  
June 2-6  
June 9-13**



## ALL SPORTS DAY CAMP

This summer, Longwood University is offering an all sports camp for grades K-6. The camp is designed so that children can sample a number of different sports, experience the fun of learning to play sports in a safe environment and practice new ways of moving and controlling their bodies.



### CAMP PHILOSOPHY

- All children are athletes
- All children can succeed in age appropriate sports
- Emphasis will be placed on sportsmanship and teamwork
- Campers will learn through a building of skills, which will ensure their individual enjoyment, confidence and success in each sport
- Campers will be encouraged to try new things and explore new ways of doing things
- All sessions will be run by qualified collegiate or professional instructors
- Our philosophy can be summed up in these words "Sports are FUN!"

### OBJECTIVES

- To teach young children the basics of all sports and introduce them to a variety of different kinds of sports.
- To focus on the positive in presenting the various aspects of sports.
- To instill in young athletes the excitement and fun of playing sports.
- To create an atmosphere of success and a desire for personal achievement .
- To have campers achieve a higher level of confidence both in the way they are able to move, and in the way they approach life.
- To teach life-skills through sports.

There will be a focus placed on swimming in that each child will have a lesson on his or her level group each day. A lifeguard, as well as qualified swimming instructors, will be working with the camper every swimming lesson.

## CAMP DATES & COST

Monday-Friday June 2-6. June 9-13

Cost: \$160/week

Multiple children (\$144 for 2nd and 3rd child)

Longwood Faculty 10% discount (\$144/week)

### DIRECTOR/ ALL SPORTS CAMP

#### Janet Grubbs

- 2003 Lacrosse National Coach of the Year
- Collegiate Lacrosse Hall of Fame Member
- 30 years coaching and teaching experiences at all levels
- MA in Outdoor Education (specializing in Elementary Education)

### TYPICAL CAMP SCHEDULE

9:00 -9:45.....Warm up, stretches, footwork, and form  
10:00-10:45.....Sport rotation  
11:00.....Break and snack  
11:00-11:45.....Sport rotation  
12:00-1:00.....Lunch  
1:00-3:00.....Swim/Sport Rotation  
3:00-3:45.....Free play  
4:00.....Depart

\*There will be 5 sports presented each day. Swimming will take place in one rotation each day according to each child's abilities.



## REGISTRATION FORM

Please print information below  
June 2-6, June 9-13, 2008  
Office Use: 0-80230

Name: \_\_\_\_\_

Grade in Sept. 08 \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_

Parent of Guardian: \_\_\_\_\_

Day Phone:(\_\_\_\_) \_\_\_\_\_

Night Phone: (\_\_\_\_) \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Amount of Check Enclosed: \_\_\_\_\_

**Please detach registration form and attach with your check made payable to:  
Longwood University**

#### Mail to:

Longwood University  
Athletic Department - All Sport Camp  
201 High Street  
Farmville VA, 23901

**Camp ends at 4:00 on Friday  
Exhibition and Awards 3:00 Friday**