2007-08 Countable Athletically Related Activities (20-Hour Report)

Sport _____ Month _____ Head Coach _____ Team Captain _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Total Hours
Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other :_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Weekly Total ____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other ____
Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Weekly Total ____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other ____
Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Date _____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other:_____	Weekly Total ____ Practice ____ Game ____ Team Meeting ____ Conditioning ____ Weight Training ____ Other ____
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